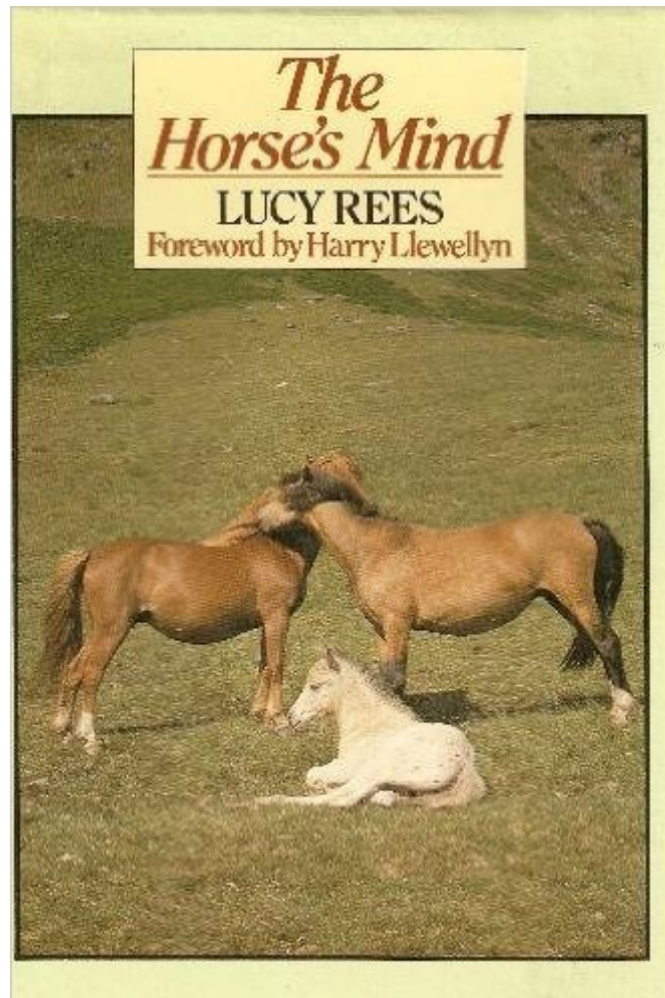


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# The Horse's Mind



## Synopsis

A practical book offering new insights into the working of the horse's mind. It explores the reasons behind the horse's natural likes and dislikes, fears and habits, showing how their love for company has led to a sensitive and complicated use of signals. The "bad" behaviour of horses, says the author, is due to misunderstanding on our part, and to their being kept in natural conditions that cause them stress and unhappiness. She offers an approach to training and dealing with "problem" horses that uses the horse's natural behaviour and encourages harmony and great communication between horse and human. This book show anyone can learn to make a horse happier. --This text refers to an out of print or unavailable edition of this title.

## Book Information

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Average Customer Review: 5.0 out of 5 stars [See all reviews](#) (5 customer reviews)

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## Customer Reviews

This must be one of the best books on this subject. One of Britain's foremost horse behaviourists, Lucy Rees was using a round-pen long before Monty Roberts hit the Europe. This book belongs in the library of every horselover. It is fascinating and enlightening. Don't miss it. There has been nothing better published on this subject and it has to go down as a classic. Also The Maze by the same author is a great book about her travels on horseback in Arizona. I loved them both.

This is by far the best book I've seen in decades on horse behavior and the reasons behind it. I couldn't recommend it more highly!

There is a reason that this book is used in colleges. Lucy Rees explains in a way that even the

beginner horse owner can understand and the most advanced still gets needed information. The book especially explains equine behavior and how to apply this behavior to training and riding. Reading the horse and using its language to communicate plus basic information on the physical of the horse including temperature, etc is covered extensively. This book is extremely useful in understanding the horse's mental and physical being and in applying the information to both riding and ground work. Some of the information is covered by other clinicians including Clinton Anderson. But even if you have studied extensively other clinicians works/writings, this book would still prove to be beneficial to any horse owner/rider. Its filled with information that you can use both in ground work, taking care of the horse, and riding, no matter what your discipline. The chapters are jammed packed with useful information and great illustrations/pictures that correspond with the context. Out of the all the horse books/dvds I've come across, this book is by far one of the best resources for advancing one's horsemanship. Not being familiar with Lucy Rees, I wasn't sure about purchasing. I am so glad I did. If you google this author, her reviews are impression. Despite the book being written years ago, this book proves to still be one of the most useful resources giving good solid information to make anyone reading a better horse person. I highly recommend this book no matter where you are (from beginner to professional) in your horsemanship. After reading this book, you will understand why this book is used by many colleges in their equine programs.

this book changed my mind

As promised.

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